



ADVANCED WELLNESS

skin care – massage therapy – foot zone

What Is Dermaplaning?

Dermaplaning is a cosmetic procedure that involves using a surgical scalpel to gently scrape the surface of the skin, removing the dead skin cells and fine hair (also known as peach fuzz) from the face. This exfoliation process is designed to reveal smoother, brighter, and more youthful-looking skin.

During the procedure, your skincare provider will hold the skin taut and use a sterile blade to lightly scrape the skin at a 45-degree angle. This removes the top layer of dead skin cells, as well as any fine hair, revealing the fresher, healthier skin underneath.

Dermaplaning is a non-invasive and relatively painless procedure that can be done on its own or combined with other skincare treatments such as a facial.

However, it's important to note that dermaplaning may not be suitable for everyone, such as those with active acne, sensitive skin, or certain medical conditions. It's always best to have a consultation to determine if dermaplaning is right for you.